



# SHOSHIN RYU

## Support your classmates

*Be supportive of classmates* – The dojo is a safe place to train, make mistakes and learn from those mistakes. A positive environment is therefore, the best learning atmosphere for skills, knowledge and understanding to increase; one where there is a caring and respectful attitude toward all students; one where there is encouragement and helpful support for one another. This environment, while established by the sensei, is ultimately reflected in how students train and treat one another. A student performs well – classmates and sensei support them. A student performs poorly – classmates and sensei support them. There is a feeling of family; that everyone in the dojo is training as a cohesive group, all working to make the dojo and each other better. You need not like everyone, though that would be nice, but you do need to respect them.